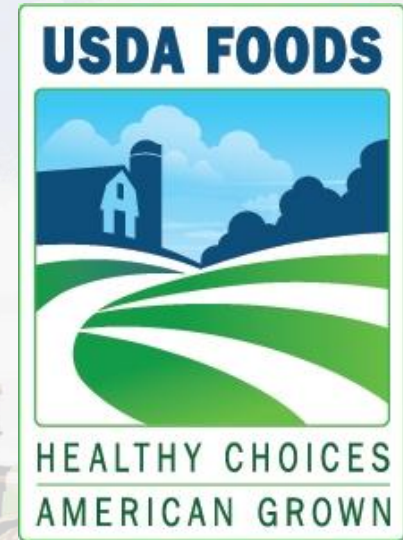


USDA Foods: Changing School Lunch and Supporting American Agriculture Nationwide



**Idaho State Department of Education
Idaho School Nutrition Association**

Professional Standards

- **Operations – 2000**
 - **Purchasing - 2400**
 - **2430 Purchasing USDA Foods**
- **Nutrition - 1000**
 - **Menu Planning – 1100**
 - **1170 Plan for effective use of USDA Foods**

Topics

- Introduction to USDA Foods
- Define the Two Types of USDA Foods Available in Idaho:
 - Direct Ship
 - Processed
- Understand How to Order USDA Foods



A green tractor with yellow wheels is pulling a large, silver-colored agricultural implement, possibly a planter or seeder, across a field. The field has rows of dark, tilled soil. In the background, there are trees and a cloudy sky. The text "Module 1" is overlaid in a large, bold, blue font.

Module 1

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Introduction to USDA Foods

What are USDA Foods?

- USDA's dual mission of supporting American agriculture while providing food for Child Nutrition and Household Programs

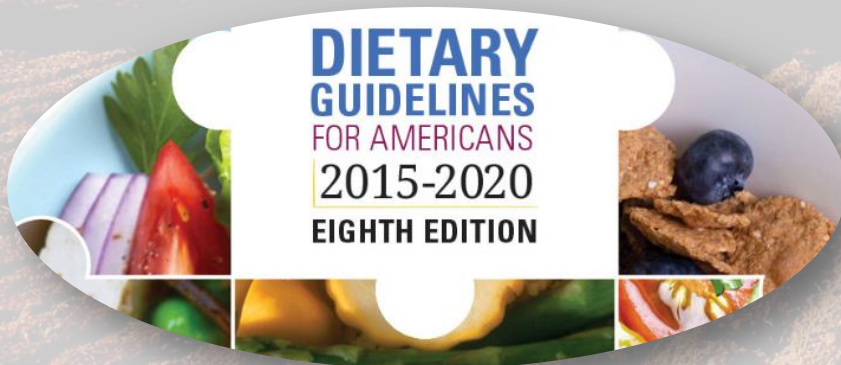


USDA Foods

- **USDA Foods provides healthy foods to schools by:**
 - **Purchasing** more than two billion pounds of food from American Farmers each year
 - **Meeting** strict food safety and nutrition standards and using 100% American grown foods
 - **Providing** high quality meals to more than **30 million** students a day
 - **Adding** versatility and being an economical way to provide our Nation's children with appealing meals

USDA Foods are Nutritious Options in Schools

- USDA Foods include a wide variety of high quality:
 - Vegetables
 - Fruits
 - Dairy products
 - Whole grains
 - Lean Meats and other Protein Options



USDA Foods support the *Dietary Guidelines for Americans* and the school meal pattern requirements

USDA Vegetables

- USDA offers fresh, frozen, canned, and dried options representing all 5 vegetable subgroups

- Dark Green
- Red/orange
- Legumes
- Starchy
- Other

USDA only offers no salt added frozen vegetables and either low-sodium or no salt added canned vegetables and beans



USDA Fruits

- USDA offers fresh, frozen, canned, and dried options in sizes ranging from individual portion to bulk sizes for processing



Canned fruits are packed in extra light syrup with the option of sucrose only syrup

USDA Whole Grains

- All items shipped to schools meet the whole grain-rich criteria



Schools can order
ready-to-serve items
and whole grain
products for scratch
cooking or baking

USDA Meat/Meat Alternates

- USDA offers a verity of nutrient-dense protein options such as meat, fish, cheese, nuts, and eggs



Specifications have been changed to lower the sodium and fat on many meat and cheese products

Why are USDA Foods Important?

- USDA Foods provide the value of 15%- 20% of food on every tray
- If you are not using your full entitlement, you are leaving money on the table



USDA Foods School Cookbook Resources

Project Bread:
*Let's cook
Healthy School
Meals*

<http://support.projectbread.org/site/PageServer?pagename=childrenandschools>



Indiana DOE:
*Sizzling School
Lunches*

<http://www.doe.in.gov/sites/default/files/nutrition/sizzling-school-lunches-chef-cyndie.pdf>

Vermont DOE:
New School Cuisine
<http://education.vermont.gov/documents/EDU-New-School-Cuisine-Cookbook.pdf>



Idaho DOE:
*Chef Designed
School Lunch*

<http://www.sde.idaho.gov/site/cnp/chef/chefDesigned.htm>



A green tractor with yellow wheels is pulling a large, dark-colored agricultural implement, possibly a planter or harrow, across a field. The field has distinct rows of tilled soil. In the background, there are trees and a cloudy sky. The text "Module 2" is overlaid in a large, bold, blue font.

Module 2

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Define the Two Types of USDA Foods Available in Idaho:
Direct Ship
&
Processed

Two Types of USDA Foods

- There are two types of USDA Foods available to Idaho Schools
 - Direct Ship USDA Foods
 - Processed USDA Foods



Direct Ship USDA Foods



Direct Ship USDA Foods

- Direct Ship USDA Foods – These items are delivered directly to Idaho's warehouse
- Each case of Direct Ship USDA Foods case has a flat fee of \$3.92 (which is a delivery fee only), regardless of the value of the USDA Foods



From Warehouse



To School



= \$3.92 each
case

Idaho Direct Ship USDA Vegetables SY 2016-2017

- Black Beans, canned
- Garbanzo Beans, canned
- Pinto Beans, canned
- Refried Beans, canned
- Vegetarian Beans, canned
- Broccoli Florets, Frozen
- Carrots, Sliced, Frozen
- Green Peas, Frozen
- Green Beans, Canned
- Corn, Frozen
- Potato Wedges, Frozen
- Sweet Potatoes, Canned
- Salsa, Low-Sodium, Canned
- Tomatoes, Diced, Canned
- Tomato Paste, Canned
- Tomato Sauce, Canned

Vegetables are low-sodium or no salt added

Idaho Direct Ship USDA Fruit SY 2016-2017

- Apple Slices, Canned
- Applesauce, Canned
- Apricots, Diced, Canned
- Blueberries, Frozen
- Mixed Fruit, Canned
- Peaches, Sliced, Canned
- Pears, Sliced Canned
- Strawberries, Sliced, Frozen
- Strawberry, Frozen Cup

Canned fruits are
packed in extra light
syrup (XLT)

Idaho Direct Ship USDA Whole Grains SY 2016-2017

- Four, White Whole Wheat/Enriched 60/40 Blend
- Brown Rice, Long Grain, Parboiled
- Whole Grain-Rich Blend Penne Pasta
- Whole Grain-Rich Blend Rotini
- Whole Grain-Rich Blend Spaghetti
- Whole Grain or Whole Grain-Rich Tortillas

✂ Whole Grain-Rich:

- ✂ Only used for USDA school meal programs
 - ✂ 50% or more WHOLE GRAIN
 - ✂ 50% or less enriched grain
 - ✂ Cannot contain more than 2% of grains that are not whole or not enriched (non creditable grain).

Idaho Direct Ship

USDA Meat/Meat Alternate

SY 2016-2017

- Black Beans, canned
- Garbanzo Beans, canned
- Pinto Beans, canned
- Refried Beans, canned
- Vegetarian Beans, canned
- Ground Beef 85/15, Frozen
- American Cheese, White, Sliced
- American Cheese, Yellow, Sliced
- Mozzarella Cheese, Frozen
- Fajita Seasoned Chicken Strips, Frozen
- Eggs, Liquid Whole, Frozen
- Peanut Butter, Smooth
- High Protein Yogurt, Blueberry
- High Protein Yogurt, Strawberry

Low sodium
and fat on many
meat and cheese
products

Idaho Direct Ship USDA Other SY 2016-2017

- **Vegetable Oil**



Idaho Direct Ship SY 2016-2017

For a list of Direct Ship Items, Visit SDE CNP Website at:
<http://www.sde.idaho.gov/cnp/usda/>

USDA Foods Availability for SY 2016-2017 Recipient Sponsors

Single Shipment	2x Double Shipment	(B) Bonus	(C) Cancelled	8	9	10	11	12	1	2	3	4	5	
USDA Foods Description		WBSN	Cases	Est Price	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May
Apple Slices, Unsweetened, Cnd	100006	912	\$25.50					x		x				
Applesauce, Unsweetened, Cnd	110511	912	\$17.98				x	x	x	x	x	x	x	
Apricots, Diced, XLT Syrup, Cnd	100216	912	\$40.50				x							
Beans, Black (Turtle), Low-sodium, Cnd	100059	432*	\$14.18								x			
Beans, Green, Low-sodium, Cnd	100007	912	\$15.63			x	x	x	x	x	x	x	x	
Beans, Garbanzo, Low-sodium, Cnd	100090	364*	\$14.34				x							
Beans, Pinto, Low-sodium, Cnd	100095	864	\$13.56			x			x					
Beans, Refried, Low-sodium, Cnd	100062	864	\$17.06			x				x				
Beans, Vegetarian, Low-sodium, Cnd	100064	864	\$13.65			x			x					
Beef, Fine Ground, 100%, 85/15, Frz - 40#	100158	1000	\$106.31	x		x	x	2x	x	2x	x	x	x	
Blueberries, Highbush, Frz - 30#	110524	1320	\$29.82				x			x				
Broccoli Florets, No Salt Added, Frz - 30#	110473	1134	\$36.19											
Carrots, Sliced, No Salt Added, Frz - 30#	100062	1320	\$13.89				x							
Cheese, Amer Blended, White, Skim/Red Fat, Sliced - 6/5#	100007	1320	\$43.17			x								
Cheese, Amer Blended, Yellow, Skim/Red Fat, Sliced - 6/5#	100006	1320	\$44.02					x						
Cheese, Mozzarella, Low Moist Part Skim, Frz - 8/5#	100022	840	\$95.04				x							
Chicken, Fajita Seasoned Strips, Cooked, Frz - 6/5# or 3/10#	100117	1300	\$43.74					x		x				
Corn, Whole Kernel, No Salt Added, Frz - 30#	100148	1320	\$14.87					2x		x			x	
Eggs, Liquid Whole, Frz - 6/5#	100146	667*, 1334	\$46.02			x			x					
Flour, White Whole Wheat Enriched 60/40 Blend - 8/5#	110211	1071	\$10.43			x	x	x	x	x	x			
Mixed Fruit, XLT Syrup, Cnd	100212	912	\$35.25			x	x	x	x	x	x			
Oil, Vegetable - 6/1 gal	100439	489*	\$13.87				x							
Peaches, Sliced, XLT Syrup, Cnd	100219	912	\$36.69			x	2x	2x	x	2x	2x	x	2x	x
Peanut Butter, Smooth - 6/5#	100096	616*	\$22.50			x								
Pears, Sliced, XLT Syrup, Cnd	100024	912	\$34.30			2x	2x	x	x	2x	x	x	x	x
Peas, Green, No Salt Added, Frz - 30#	100060	1320	\$18.30					x						
Penne, Whole Grain-Rich Blend - 2/10#	110520	590*	\$9.02			x								
Potatoes, Wedges, Low-sodium, Frz - 6/5#	100065	1320	\$17.69					x	x	x		x		
Rice, Brown, Long Grain, Parboiled - 24/2#	100000	875	\$28.48			x			x					
Rotini, Whole Grain-Rich Blend - 2/10#	110004	350*	\$8.82			x		x						
Salsa, Low-sodium, Cnd	100000	912	\$18.39			x			x					
Spaghetti, Whole Grain-Rich Blend - 2/10#	110005	500*	\$8.35			x			x					
Strawberries, Sliced, Frz - 30#	100054	1320	\$35.61					x			x			
Strawberry Frz Cup - 96/4.5 oz	100056	1400	\$44.15			x								
Sweet Potatoes, Lt Syrup, No Salt Added, Cnd	100017	456*	\$24.69				x							
Tomatoes, Diced, No Salt Added, Cnd	100025	912	\$13.27					x						
Tomato Paste, No Salt Added, Cnd	100027	912	\$23.07				x							
Tomato Sauce, Low-sodium, Cnd	100004	912	\$13.64			x				x				
Tortillas, Whole Grain or Whole Grain-Rich, Frz - 12/24 8"	110004	1500	\$16.26				x				x			
Yogurt, High Protein, Blueberry - 24/4 oz	110400	420	\$7.81				x	x			x	x		
Yogurt, High Protein, Strawberry - 24/4 oz	110401	420	\$9.39				x	x			x	x		

Note: The information on this chart is an estimate and is subject to change.

Note: This list does not include all USDA Foods that will be available during the school year.

Note: The information above displays the approximate month the product will be delivered to recipient sponsors.

* Designates available case amount and split shipment with a notation (state g).

Processed USDA Foods



Processed USDA Foods

- Processed USDA Foods – Idaho purchases whole USDA bulk foods and sends those foods to Nationally Approved Processors for processing



Advisory Council Meetings

- Every other year the Idaho Department of Education Child Nutrition Programs (SDE CNP) hosts regional *Processed USDA Foods Advisory Council Meetings* to give schools a chance to vote on the processed foods to be ordered for the next two years



Processed USDA Foods

- Process foods often change every other year based on the schools' votes and availability
- Prices vary per product
- Here are some examples of Processed USDA Foods:

PORK IN BARBECUE SAUCE

PORK CARNITA
WITH SAUCE ADDED

Three Bean Chili

**French
Toast Sticks**
Whole Grain

Egg Patties
Grilled

Deluxe Flamebroiled Beef Steak Burger

Vegetarian Creamy Tomato Soup

CRUSTLESS PEANUT BUTTER
AND STRAWBERRY JAM
made with WHOLE GRAIN BREAD

Steps for Processed USDA Foods

Bulk

- Idaho orders whole USDA Foods in Bulk
- Sometimes Idaho receives bonus USDA foods (contact SDE CNP for more information)

Sample

- From the USDA bulk foods, samples of processed foods are provided to taste test
- SDE CNP hosts regional *Processed USDA Foods Advisory Council Meetings* (every other year)
- School staff and students taste test the sample of processed foods and vote

Steps for Processed USDA Foods, Cont.

Processed

- Based on school votes of the processed foods, SDE CNP notifies Processors and obtains processing agreements/renewals
- Processors offer USDA Processed Foods to be utilized in schools

Order

- Schools order their USDA Foods on a monthly basis through SDE CNP (for Processed and Direct Ship USDA Foods)

Idaho Processed USDA Foods

- Visit the SDE CNP website for a list of available Processed USDA Foods
- You will be able to find the nutritional information, ingredient lists, CN labels, product formulations statements, packaging information, and labels

<http://www.sde.idaho.gov/cnp/usda/>

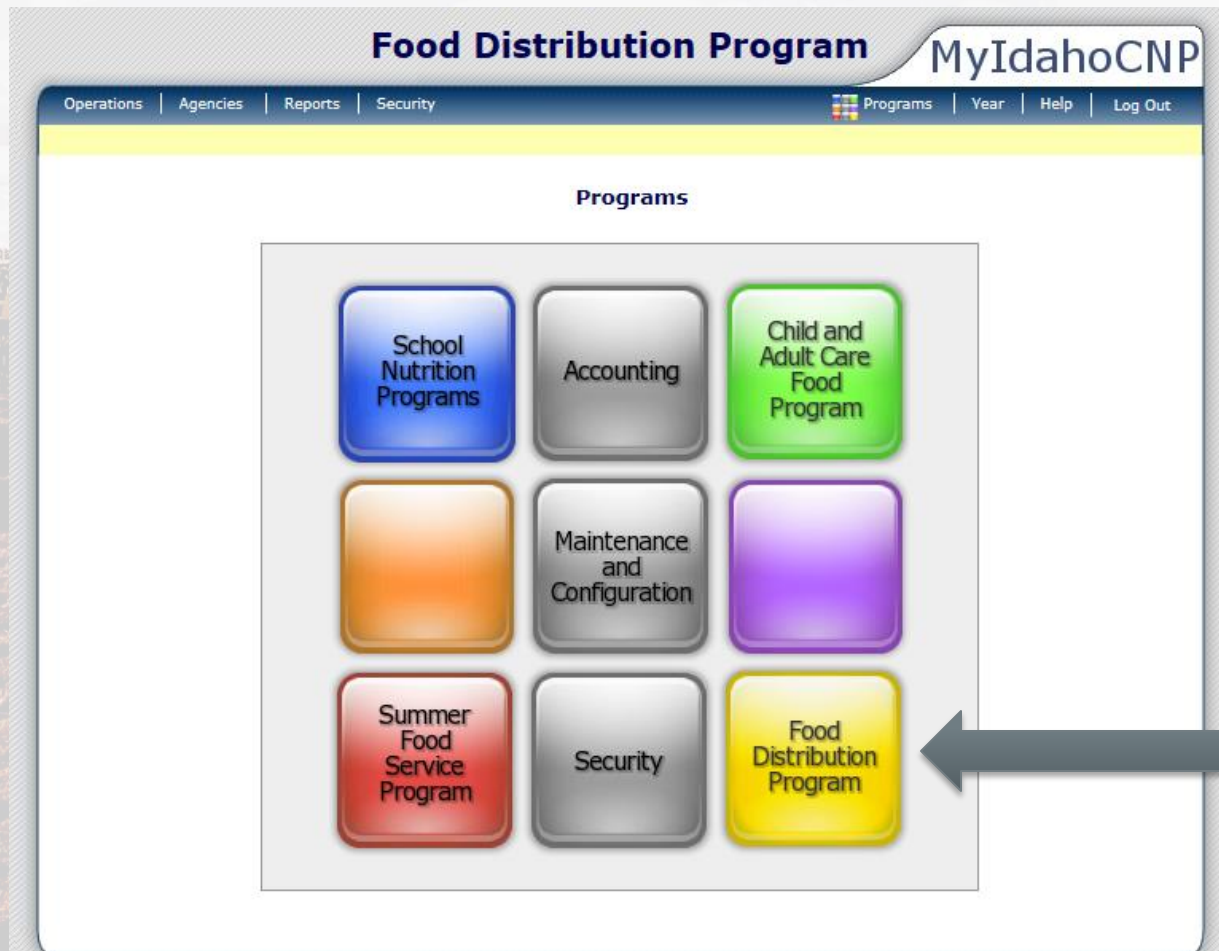
A green tractor is pulling a large, multi-sectioned agricultural implement, possibly a planter or harrow, across a field. The field has distinct rows of tilled soil. The sky is blue with scattered white clouds. The text "Module 3" is overlaid in a large, bold, blue font.

Module 3

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Understand How to Order USDA Foods

How do I order USDA Foods?



Ordering USDA Foods

- Part 1 – Usually from the 25th of the month until the 10th of the following month. Most USDA Foods are allocated to SFAs based on their “fair share” of the fully allotted amounts available.
- Part 2 – Usually from the 11th of the month until the 25th of the month, all products that were allocated and not ordered are placed in the “Surplus Column”
- The “surplus” USDA Foods are then allocated on a “first come, first served” basis

Please remember FIFO (first in, first out)...



Important Rules

- **USDA Foods must be used for reimbursable meals**
- **USDA Foods cannot be used for catering functions**
- **Just because it says “USDA” on the box, does not mean that it is a USDA Foods Item**
- **Always conduct a year end inventory and annual inspection of your storage facilities**

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(1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;

(2) fax: (202) 690-7442; or

(3) email: program.intake@usda.gov.

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